



# SINK OR SWIM - CYCLE THE MEDINA ENTRY FORM

**Saturday 19th September 2009**

**12.30 Sandy Point, Seaclose Park, Newport**

Name: .....

Team name : .....

Address: .....

Postcode: ..... Tel No: .....

Mobile: ..... Email: .....

## ENTRY IS FREE

**Please acknowledge that you have read, agree and understand the following information:**

- I understand that I am participating in the event entirely at my own risk and without liability on the part of the organiser, organising club, officials or members in respect of any injury, loss or damage suffered, howsoever caused.
- Minimum age of 10 years to be able to compete on the water.
- Written consent is required for any children taking part.
- I am satisfied that I am capable of competing in this event, with the necessary skills to complete the course.
- No limit to the number within a team designing the vessel but a maximum of two only to take part on the water.
- No motorised parts – only pedal power may be used.
- Buoyancy aids must be worn and can be supplied on the day.
- Once the vessel has been launched there is no return to the start bank – the whole crossing must be attempted. (subject to health and safety issues)
- The vessel/raft must be homemade and constructed from old bicycle part
- No oars or paddles allowed.
- Vessels not individually made will have to take part in class three.
- All vessels must have a 10ft piece of string attached with a bottle to act as a marker to enable us to recover any sunken vessels.
- The organisers reserve the right to refuse entry.

Signed.....

*Must be signed by the parent or guardian of any entrants under the age of 16 years.*

Please send the completed form to:

Sink or Swim, Events Team, Floor 5, County Hall, Newport, Isle of Wight, PO30 1UD

Entries **will be accepted on the day but please register you interest in advance.**

For more information visit [www.sunseaandcycling.com](http://www.sunseaandcycling.com) or phone 01983 823070